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NARRATIVE MEASURE SPECIFICATION

DESCRIPTION:

Percentage of patients aged 18 years and older with a BMI documented during the current encounter or during the previous six months AND with a BMI outside of normal parameters, a follow-up plan is documented during the encounter or during the previous six months of the current encounter

Normal Parameters: Age 18 years and older BMI => 18.5 and < 25 kg/m²

IMPROVEMENT NOTATION:

Higher score indicates better quality

INITIAL POPULATION:

All patients 18 years and older on the date of the encounter with at least one eligible encounter during the measurement period

DENOMINATOR:

Equals Initial Population

DENOMINATOR EXCLUSIONS:

- Patients who are pregnant
- Patients receiving palliative care
- Patients who refuse measurement of height and/or weight or refuse follow-up

DENOMINATOR EXCEPTIONS:

Patients with a documented Medical Reason:

- Elderly Patients (65 or older) for whom weight reduction/weight gain would complicate other underlying health conditions such as the following examples:
 - Illness or physical disability
 - Mental illness, dementia, confusion
 - Nutritional deficiency, such as Vitamin/mineral deficiency
- Patients in an urgent or emergent medical situation where time is of the essence and to delay treatment would jeopardize the patient's health status

NUMERATOR:

Patients with a documented BMI during the encounter or during the previous six months, AND when the BMI is outside of normal parameters, a follow-up plan is documented during the encounter or during the previous six months of the current encounter.

NUMERATOR EXCLUSIONS:

Not Applicable

SUBMISSION GUIDANCE

NUMERATOR REPORTING

- If the patient had a BMI calculated, determine if the most recent BMI is within normal parameters
- If the most recent BMI is outside of normal parameters select "No"

IF NO

- If the patient's most recent BMI was not within normal limits, determine if a follow-up plan was documented
 - If there was no follow-up plan documented select "No"

OR

- If there was a follow-up plan documented select "Yes"

OR

- When a recommended follow-up for an abnormal BMI is not documented for medical reasons select "No - [Denominator Exception](#) - Medical Reasons"

OR

- If the most recent BMI is within normal parameters select "Yes"

Numerator and Denominator Exception codes can be found in the PREV Coding Document. The Downloadable Resource Mapping Table can be located in Appendix II of this document.

Guidance Numerator

NOTE:

- *Amputees are not considered denominator exceptions*
 - *BMI calculation and recommended follow-up plan cannot be completed during a telehealth encounter*
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Appendix IV: Use Notices, Copyrights, and Disclaimers

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